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Employee Assistance Program Myths

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Many Departments have access to their Employee Assistance Programs through their municipalities. However, access is not enough. Departments can greatly benefit by partnering with their EAPS effectively. Using your EAP can be simple, but your first task should be to dispel myths. One of the most commonly mistaken beliefs is that there is no confidentiality between EAP and Employer Administration/Human Resources. No information is ever released without expressed written consent. Educating Law Enforcement Professionals about the number of ways EAPS can provide support to all departments including, but not limited to individual, family, peer support, and training services can assist in redefining the working relationship between EAPs and LEOs.